How to prevent wasting food.

1	You should only buy as much as you really need.
2	You could use your fridge properly (the freshly bought food at the back and the older food in the front).
3	You may use the app To good to go.
4	You should taste food before you throw it away as the best before date does not indicate how long something will last.
5	You could plan what you want to buy.
6	You ought to store your food correctly.
7	You could reuse leftover for another dish or freeze them.

Together we can still the hunger in the world.